

Have a 41 Firm Handshake

By a firm handshake, I don't mean that you should try to crush the other person's knuckles. I simply mean, don't give him your hand as if it were a dead fish.

A man must be careful when shaking a lady's hand. In most cases, she has on several rings; and if he squeezes too hard, he'll hurt her fingers. Otherwise, it should be firm.

A firm handshake indicates that it's real and genuine.

I have never verified the story, but somewhere I read that extending an empty hand meant peace. It began years ago when almost all people carried weapons for their personal protection. So extending an empty hand was, in essence, saying, "I mean no harm. I want peace."