

Be Balanced

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One of the most difficult things to maintain is balance. It requires constant effort. Did you ever try to balance a broom on the end of your finger? If you did, you know that it requires constant correction in every direction. First, you must move the finger forward, then backward, then to one side and then the other. You can't hold the finger still and balance the broom.

The same is true in life. If one is to maintain a balanced life, he must quickly and constantly make corrections. It is easy to go too far in one direction or the other—eating too much and not taking enough time for exercise, or playing too much to the neglect of reading and studying, and so on.

Life can sometimes be like the pendulum on a clock, swinging from one side to the other. If you're over-disciplined as a child, it is likely that you'll be too easy on your children, and they will not get enough discipline. And the opposite is true. For one who is not disciplined, the chances are he'll be too strict on his children.

Balance! That's the important thing. I think that's what the Bible means when it says in Philippians 4:5, "Let your moderation be known unto all men."